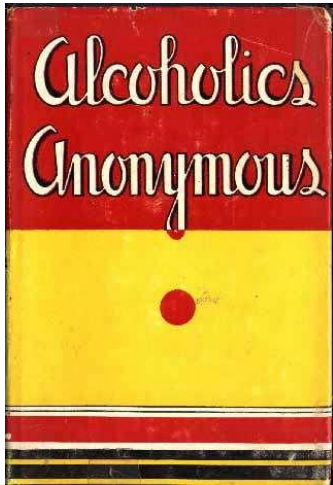


# The Basics of Recovery



## “Here Are The Steps We Took!”

“Our chief responsibility to the newcomer is an adequate presentation of the program. If he does nothing or argues, we do nothing but maintain our own sobriety. If he starts to move ahead, even a little, with an open mind, we then break our necks to help in every way we can” (ABSI 105).

## A Journey through the 12 Steps Of Recovery As Outlined in the Big Book!

In the 1940's, "Beginner's meetings," based on 'taking action' and 'getting results' were developed to take groups of newcomers through the steps to implement the program of recovery rapidly.

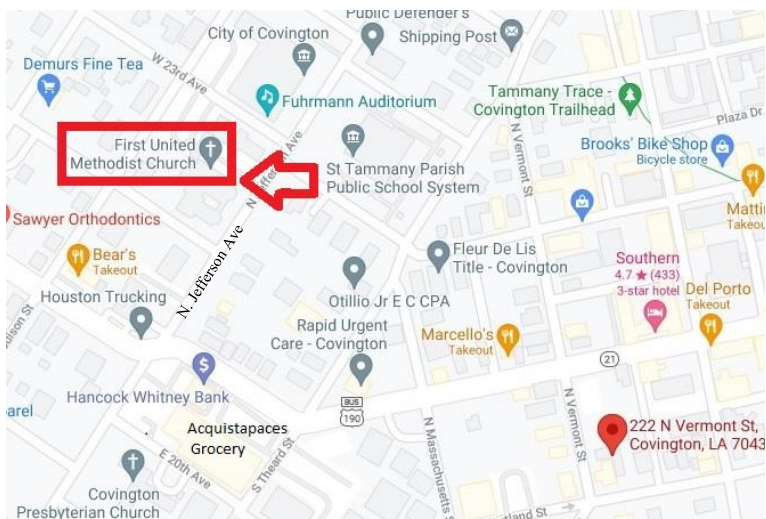
This workshop will emphasize **taking** these steps so one can **start living** this program of recovery.

We ask for a contribution of at least \$10 to help defray cost of the hall rental, the meal, snacks, and drinks.

**Bring your Big Book, Pencil, Highlighter and a spiral notebook!**

**Bring someone to help! ... Or meet someone there to help!**

**FIRST UNITED METHODIST CHURCH – COVINGTON  
203 N. Jefferson Avenue, Covington LA 70433**



**Sat, 25Feb2023, 8:30am-3:30pm**

<b>INTRO</b>	<b>8:30AM – 8:45AM</b>
<b>Step 1-2-3</b>	<b>8:45AM – 10:00AM</b>
<b>Step 4-5</b>	<b>10:15AM – 12:00AM</b>
<b>LUNCH</b>	<b>12:00AM – 1:15PM</b>
	<b>(Step 5 – Over Lunch)</b>
<b>Step 6-9</b>	<b>1:15PM – 2:15PM</b>
<b>Step 10-11</b>	<b>2:30PM – 3:30PM</b>